LA MARINE BISTRO



LUNCH MENU

STARTERS

Vegetarian Soup of the Day	€7.25
La Marine Creamy Seafood & Saffron Chowder	€9.75
Kelly's Chicken Liver Parfait, Celeriac Remoulade, Beetroot Chutney, Apple & Sourdough	€9.75
Grilled Galway Bay Mussels with Garlic & Herb Butter	€10.95
Glazed Wild Mushrooms, Celeriac Puree, Parmesan Crumb, Olive Oil & Balsamic	€10.75

MAIN COURSES

111 III C C C I C C C C C C C C C C C C	
La Marine Chicken Bruschetta with Crushed Avocado Salsa, Root Veg Crisps, Basil Pesto & Wedges	€15.85
Crispy Confit Duck Leg, Morteau Sausage, Puy Lentils, Roasted Carrot & Red Wine Jus	€19.75
Seared Fillet of Teriyaki Salmon, Garden Pak Choi, Cashew Nut Rayu & Shaved Fennel	€18.75
Pan Roast Fillet of Kilmore Hake, Pea Puree, French Beans, Baby Potatoes & Lemon Butter	€20.50
Dish of the Day	P.O.R.

BLISS BOWL - €15.75

Roast Butternut Squash, Feta Cheese, Pomegranate, Kale, Cashew Nut Pesto & Bulgur Wheat Thai Chicken & Rice Noodle Salad, Red Cabbage, Pickled Cucumber, Honey & Soy Dressing

SIDE ORDERS

Potato Gratin	€4.75
Crispy Potato Wedges	€4.75
Skinny Fries	€4.75
Creamy Mash Potato	€4.75
Garden Vegetables	€4.75
Tossed Green Salad with French Dressing	€4.75

DESSERTS

Basque Cheesecake with Poached Rhubarb & Raspberry Sorbet	€7.95
Classic Vanilla Bean Crème Brûlée with Crisp Hazelnut Biscotti	€8.50
Warm Chocolate & Almond Brownie, Candied Hazelnuts & Vanilla Ice Cream	€7.95
Selection of Scup Natural Ice Cream	€7.95
Dessert of the Day	€8.75

