



KELLY'S

RESORT HOTEL & SPA

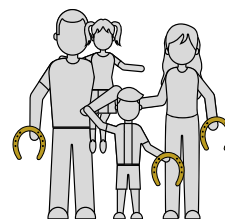


Activities

SAMPLE PROGRAMME

Thank you for choosing Kelly's.
We wish you an enjoyable stay with us.

ADULTS ACTIVITIES



MONDAY

9:30AM **GOLERS MEETING**
PLEASE MEET IN TV ROOM.

10.00AM **MORNING WALK.**
PLEASE MEET AT RECEPTION.

11.00AM **AQUA AEROBICS WITH NICOLE**
PLEASE MEET IN THE TOP POOL.

12.00AM **LAWN BOWLS**
PLEASE MEET AT THE LAWN BOWLS GREEN.

2.30PM **TENNIS** ON THE OUTDOOR COURTS.

4.30PM **PICKLEBALL** IN THE INDOOR COURTS.

4.30PM **NUTRITION TALK** WITH SIMON
PLEASE MEET IN THE TV ROOM.
LEARN HOW TO SUPPORT YOUR IMMUNE SYSTEM
AND MENTAL HEALTH, Q&A.



TUESDAY

9.30AM **YOGA** WITH SIMON.
PLEASE MEET IN THE VAN @ KELLY'S TENT.

10.00AM **MORNING WALK.**
PLEASE MEET AT RECEPTION.

11.00AM **PILATES WITH CHIVALA**
PLEASE MEET IN THE INDOOR COURTS.

12.00AM **CROQUET.**
PLEASE MEET ON THE CROQUET LAWN.

2.30PM **CROQUET CONTINUES.**

4.30PM **BADMINTON**
PLEASE MEET IN THE INDOOR COURT.



WEDNESDAY

9.30AM **YOGA WITH ADRIENNE.**
PLEASE MEET IN THE VAN @ KELLY'S TENT.

10.00AM **MORNING WALK.**
PLEASE MEET AT RECEPTION.

10.00AM **GOLF SCRAMBLE** 12-HOLE COMPETITION
1ST GROUP TEE OFF WILL BE 10.00 AM.
PLEASE SIGN UP AT MAIN RECEPTION BY
12 PM TUESDAY (€15.00 PER PERSON)

11.00AM **GARDEN TALK** WITH DEIRDRE.
PLEASE MEET AT THE CROQUET LAWN.

11.00AM **AQUA AEROBICS WITH NICOLE**
PLEASE MEET IN THE TOP POOL.

12.00AM **FRENCH BOULES.**
PLEASE MEET AT THE LAWN BOWLS GREEN.

2.30PM **HORSE SHOE THROWING** ON THE PATIO

4.00PM **KELLYS CLUEDO** IN THE MCGONIGAL ROOM

4.30PM **MEDITATION** WITH SIMON IN THE TV ROOM



THURSDAY

8.30AM **YOGA WITH SIMON.**
PLEASE MEET IN THE VAN @ KELLY'S TENT.

9.30AM **PILATES WITH CHIVALA**
PLEASE MEET IN THE INDOOR COURTS.

10.00AM **MORNING WALK.**
PLEASE MEET AT RECEPTION.

11.00AM **FIT CLASS WITH NICOLE**
PLEASE MEET IN THE INDOOR TENNIS COURTS

11.30AM **CRAZY GOLF.**
PLEASE MEET ON THE PATIO.

2.30PM **TABLE TENNIS.**
PLEASE MEET IN THE IVY ROOM.

4.00PM **TABLE QUIZ.**
PLEASE MEET IN THE VAN @ KELLY'S TENT.

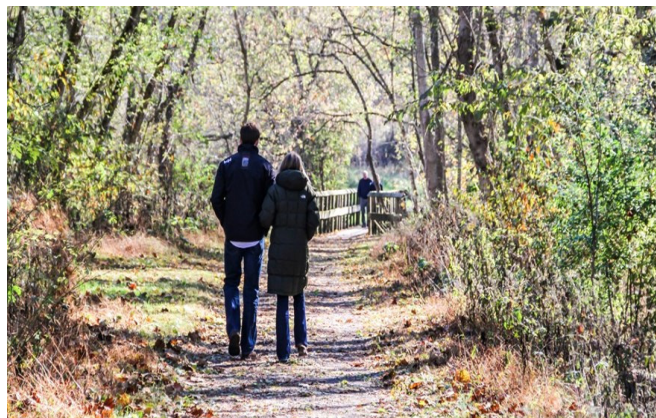
10.00PM **PRIZE GIVING PRESENTATION**
WHICH WILL COMMENCE AFTER DINNER.





Evening Entertainment

Monday:	"Jimmy Hogan Nice & Easy"
Tuesday:	"Quality Street"
Wednesday:	"Aileen Donohue & Band" - 'Eurovision Time'
Thursday:	"Jimmy Hogan, Nice & Easy"
Friday:	"The Top Cats"
Saturday:	"Devine Invention"
Sunday:	"Derek & Ger"



Wexford Walking Trails

"Open your horizons"

As advertised in *The Irish Times* recently we have some lovely walking itineraries available for you to visit while you stay with us. Why not take a walk on our very own Rosslare Beach, or venture further a field to Forth Mountain, Kilmore Quay, Rosslare Harbour or the beautiful Raven Point. When you return we will have a complimentary tea or coffee and sweet treat waiting.

<http://wexfordwalkingtrail.ie/>



Dining Times

Breakfast

8.00am - 10.30am	Ivy Room
8.30am - 11.00am	Beaches

Lunch

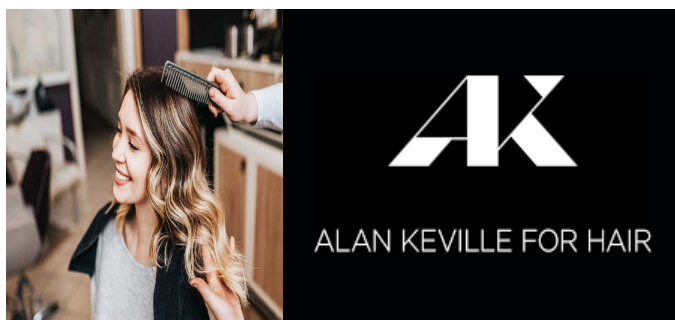
12.30pm - 2.30pm	Ivy Room
12:30pm - 3:30pm	The Van @ Kelly's Tent
3:30pm-5:00pm	Crepes & Drinks in The Van @ Kelly's Tent

La Marine

12.30pm - 2.15pm	Lunch (A LaCarte)
12.30pm - 5.00pm	Snack menu available

Dinner

7.00pm - 7.30pm	Ivy Room
6.30pm to 9:00pm	Beaches
6:00pm & 8:30pm	La Marine



Alan Keville and Alex Reid are undeniably a dynamic force in the Irish hairdressing industry.

With 25 years international hairdressing experience, a London edge, and 15 years in business, Alan's passion for the art is unwavering. Their ethos is to provide guests with a cut and colour, tailored and unique accentuates to each guest, that accentuates their best features, in a relaxed and unpretentious environment.

Opening Times

Tuesday to Saturday 10am - 6.00pm

By appointment only please call in to our salon in the hotel (**Adjacent to our Aqua Club**) or call the Wexford salon 053-9122102 or online at, www.kevillehair.com

All hotel residents will receive a 20% discount.



KELLY'S KITCHEN GARDEN

Feel free to take a walk in our Kelly's Kitchen Garden, located across the road from the hotel, behind the indoor tennis courts. An opportunity to see first-hand our "Field to Fork" production. We hope to expand the garden over time, providing an area where guests can feel at home with nature.

Enjoy a garden tour with Deirdre every Wednesday at 11.00 AM. Please meet at the croquet lawn near the indoor tennis courts.

