



Spring Activities 2019

AT KELLY'S RESORT & SPA



KELLY'S
RESORT HOTEL & SPA



Infinite Variety

Each Spring we offer a choice of interesting, informative and exciting activity and specific theme breaks at no extra cost, designed to make your stay with us even more enjoyable than usual. Increase your skills or expand your knowledge at one of our friendly, informal courses in the company of some of Ireland's leading specialists.

Whether you want to be active or just simply relax in our SeaSpa, you can look forward to a refreshing, revitalising and relaxing midweek break.

17 - 22 Feb	Outdoor Pursuits Golf Clinics
24 Feb - 1 Mar	Cooking Demonstration with Catherine Fulvio Golf Clinics
3 - 8 Mar	Wine Appreciation Golf Clinics
10 - 15 Mar	Improve Your Bridge with Rory Boland Golf Clinics
18 - 22 Mar	Ballroom Dancing Golf Clinics
24 - 29 Mar	Gardening with Dermot O'Neill/ Floral Display Golf Clinics
31 Mar - 5 Apr	Health & Beauty Golf Clinics
7 - 12 Apr	Home & Garden with Sandra Cosgrove Golf Clinics
14 - 19 Apr	Passion for Gadgets Colin Baker Golf Clinics
28 Apr - 3 May	Painting with Orla Walsh Golf Clinics
6 - 31 May	May Great Golf Getaway Wellbeing Golf Clinics

Outdoor Pursuits

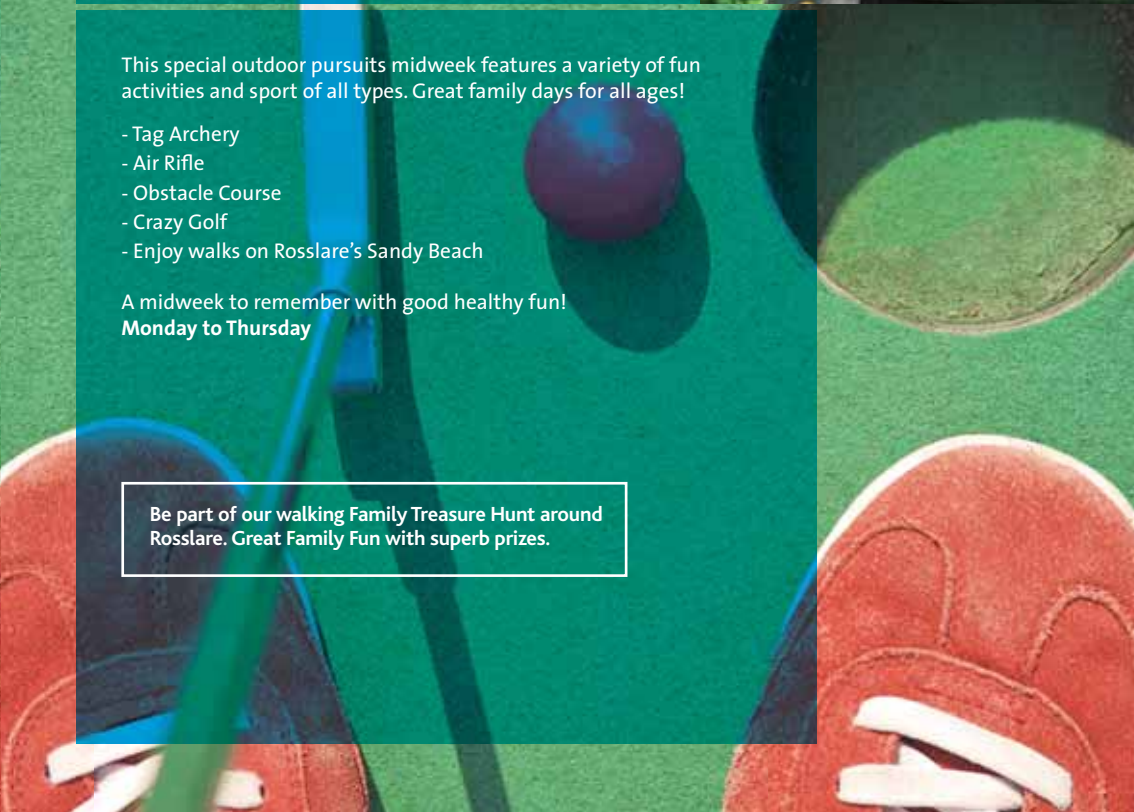
17 - 22 FEBRUARY

This special outdoor pursuits midweek features a variety of fun activities and sport of all types. Great family days for all ages!

- Tag Archery
- Air Rifle
- Obstacle Course
- Crazy Golf
- Enjoy walks on Rosslare's Sandy Beach

A midweek to remember with good healthy fun!
Monday to Thursday

Be part of our walking Family Treasure Hunt around Rosslare. Great Family Fun with superb prizes.





Cooking Demonstrations with Catherine Fulvio 24 FEB - 1 MARCH

Making everyday exceptional in the kitchen, **Catherine Fulvio** has the ability to create doable and delicious recipes to be enjoyed by friends and family for all occasions. With her Irish blood and her Italian heart Catherine has made the connection between food and friends for many.

Growing up on a working farm in Ireland, Catherine has a strong connection with food and the land. She is now an award-winning author, TV Chef, cookery tutor and proprietor of Ballyknocken House & Cookery School in Co. Wicklow. Following the success of her first cookbook, Catherine's Italian Kitchen, and two TV series, Catherine's Italian Kitchen and Catherine's Roman Holiday, she is now a household name and one of Ireland's top television culinary stars.

Executive Chef of Kelly's **Eugene Callaghan** won Roux Brothers "Chef of the Year" award in

1991. He gained invaluable international experience in Belgium, Switzerland, France and at Roscoff's in Belfast before taking over the role at Kelly's Resort Hotel. Learn how tasty bistro style dishes can easily be accomplished at home.

Stephane Rochard is a talented French Pastry Chef, who has vast experience from working in France at many Gastronomic Restaurants. He will show you his passion for being creative while turning simple desserts into a work of art. Stephane is Head Chef in our cafe "Kelly's Cafe" and Head Pastry Chef at Kelly's.

Eugene Callaghan
Monday 11am - 1pm

Catherine Fulvio
Tuesday & Wednesday 11am - 1pm

Stephane Rochard
Thursday 11am - 1pm

Wine Tasting

3 - 8 MARCH

SAMUEL BARON

– Touraine

Taste the white and red wines from organic producer Samuel Baron, who owns a 20 hectare family domaine in the village of Thésée. Since returning to the family business in 2010, Samuel initiated the transition of his estate to organic farming and rapidly established a reputation for quality. His wines are wonderfully concentrated and balanced, and a good match for wines two or three times the price!

Monday 6pm - 7.30pm

ERIC DE SUREMAIN

– Château de Monthelie

Tasting the splendid organic and biodynamic wines of Château de Monthelie. Eric is very much a “hands on” man of the soil. He is all about his vines and terroir and it shows in his wines which are amongst the best you will taste in the Cote de Beaune. Monthelie straddles the borders of Volnay

and Meursault on hillside vineyards that get excellent exposure to the all-important ripening sun.

Tuesday 6pm - 7.30pm

RICHARD KELLEY

– South Africa & Taste of France

Join Richard Kelley, director of the famous Dreyfus Ashby & Co., a leading importer of premium, family owned wines. He is a master of wine, previously a taster for the John Platter Guide of South Africa. Richard will share with us his knowledge and passion for France and South African wines.

Wednesday 6pm - 7.30pm

South Africa

Thursday 6pm - 7.30pm

Taste of France

Wednesday Evening Wine tasting Dinner:

Special Wine Tasting & Dinner which will provide interesting food and wine combinations. Please pre-book your place, limited availability.

Cost €35 per resident (meal included in hotel full and half board packages).



Improve your Bridge with Rory Boland 10 - 15 MARCH



Join **Rory Boland**, International Bridge player, for an exclusive midweek break. The morning classes will cover both bidding and play, ideal for the bridge improver. Competitions will be held in the afternoon with hand-records, and a short discussion after play (plus prizes from Kelly's famous wine cellar for the lucky winners!). The perfect way to brush up on your bridge.

Play and Learn Workshops

About half the session is given over to dealt hands, the other half is used to discuss the bidding and play with Rory. Players of all levels will receive enormous benefit from these sessions. Excellent daily prizes and fun. Rory will be available throughout the week for informal advice.

Bridge Competition/Discussion
Monday - Wednesday 3.30pm - 6pm

Classes for Improvers
Monday - Thursday 11am - 12.30pm

Novelty Individual

Short, fun competition playing with many different partners.
Thursday 3.30pm - 5.30pm



**2-Day Spa
Midweek**

**Dinner, Bed & Breakfast
with 1 hr Spa Treatment**
(Facial, full body massage
or reflexology)

€300 pp

10% Service Charge



Ballroom Dancing

18 - 22 MARCH

FLORA MILLAR

Flora Millar is one of Ireland's best known and experienced Ballroom Dancing teachers. She is the recipient of the coveted Carl Alan Award (the Oscar of Ballroom Dancing). Ballroom Dancing is fun to learn and Flora has the proven ability to make it easy and enjoyable. There are classes for both beginners and more advanced dancers. Learn to Waltz, Foxtrot, Tango, Quickstep, Rock & Roll, Cha Cha Cha, Mambo and Salsa.

Monday 4pm

Tuesday - Thursday 11am - 1pm & 4pm - 6pm

LORAINE BARRY

Join **Lorraine Barry** for an exclusive dance class.

Lorraine started dance lessons aged just six - and now has over fifty national and international titles under her belt. She won juvenile and junior All Ireland Championships before becoming Open British Youth Ballroom Champion at 17-years-old. She then joined the Adult Amateur ranks and won three British Open, three International, two European and two United States Championships by the late 1980s - along with several Irish titles. Lorraine turned professional and nabbed numerous titles in the 1990s before bowing out of professional competition in 2001. She now judges and teaches across the world, and owns a studio in America with her sister Michelle. Lorraine now is a resident judge on acclaimed RTE's "Dancing with the Stars"

Thursday 11am - 1pm & 4pm - 6pm

Garden Workshops with Dermot O'Neill 24 - 29 MARCH



Join **Dermot O'Neill** one of Ireland's best loved gardening personalities, this midweek for some useful gardening hints and tips. Dermot is the editor of Ireland's premiere gardening magazine Garden Heaven and is presenter of many gardening programmes on television including "Dermot's Secret Gardening". Dermot's lively and enthusiastic approach is a major factor encouraging many to take up the hobby of gardening. Bring some pictures of your own garden for advice during the question and answer session.

Monday to Wednesday 11am - 1pm

Floral Display

Ever wonder who is responsible for the wonderful flower displays at Kelly's Hotel, well today is your lucky day! **Sheelagh Malone** is ready to share her tips about creating the perfect floral displays. Sheelagh's modern displays adds important accents to the hotel atmosphere. The compositions adapt seasonally and at the same time initiate a link between indoors and the outdoors. This session will provide guests time to enjoy her experience and knowledge with in-house spring flowers at this hands-on workshop.

Thursday 11am - 1pm

3-DAY MIDWEEK GOLF BREAK

Dinner, Bed & Breakfast with
2 Rounds of golf

€410

p.p + 10%
service charge.



Health & Beauty

31 - 5 APRIL

RTE's Health Squad Beauties

Join **Paula Mee**, Clinical Dietician / Nutritionist and **Karen Ward**, Holistic Therapist & Counselling Psychotherapist for all you need to know about health from the inside out. These sassy women walk their talk regularly on Ireland's TV, Radio, and print media and now you can meet them in person at Kelly's. Advice about the latest holistic and nutritional issues; mindfulness, food that tastes as good as it looks and life in all its ups and downs. An unmissable few days of self discovery in the luxury of Kelly's!

Monday & Tuesday 11 - 1pm & 4.30 - 6pm

TV's Fashionistas

We've gathered together Ireland's best style crew to advise you on this season's new looks. Stylist **Cathy O'Connor**, who is a regular contributor on TV3's Xpose and Ireland AM, will be on hand to offer you tips to develop your personal style. **Lorraine Browne**, Hairdressing Supremo, whose work you will have seen in Ireland's glossiest magazines will offer tricks of the trade on how to create catwalk looks at home. **Derrick Carberry**, the favourite Make-up Artist of many of Ireland's most stylish women, will teach you how to devise a professional make up look that will work for you this season.

Wednesday & Thursday 11am - 1pm & 4.30pm - 6pm



Join us on Thursday evening after dinner for a fashion show extravaganza hosted by Cathy O'Connor. Fashion by some of Wexford's elegant boutiques.



Brighten up your Home and Garden with Sandra Cosgrove 7 - 12 APRIL



Well known Irish garden designer **Sandra Cosgrove** will share her extensive knowledge and passion for gardening. Using an innovative hands-on approach, Sandra will communicate both her natural talent, design flair and garden skills and will share her portfolio of wonderful garden rooms over the course of the week. A firework display of spring bulbs together with her showcase of gardens with “year round interest” atmosphere will feature strongly providing our guests with inspirational workshops which will leave them departing with renewed enthusiasm for the challenges of their own gardens.

Monday, Tuesday and Wednesday 11am - 1pm



TINTERN ABBEY GARDEN VISIT

Visit the newly designed gardens at Tintern Abbey, which date back to the early 1800s. Beautifully designed on two and a half acres, these gardens are a must visit destination on the Hook peninsula. Our guests can enjoy a coffee and scone in the abbey after the tour.

Thursday 2pm - 5.30pm



Passion for Gadgets with Colin Baker

14 - 19 APRIL

Colin Baker is TV3's very own gadget guru. Colin has been keeping Ireland AM viewers up to date with all the latest in tech news since 2002: from the very first iPhone to today's latest tablet; Colin has covered it. Keep up with our Gadget Guru as he reviews all the latest gizmos and gadgets in his own unique style to make the latest technology more exciting and informative. Learn the basics on how to get the most out of your iPhone or iPad, etc. this midweek.

Monday to Thursday 11am - 1pm

SUNDAY & THURSDAY TREAT

Dinner, Bed & Breakfast
with 1 hr Espa
Spa Treatment

(Facial, full body massage
or reflexology)

€180 pp



Painting Classes

with Orla Walsh **28 APRIL - 3 MAY**



Orla Walsh is famed for the Ketchup Collection, which features the iconic Heinz bottle on a variety of quirky, colourful backgrounds, from Space Invaders, Donuts to Flying Toasters. Having tried to sell her first six ketchup paintings on the railings of St Stephens Green in Dublin, a senior Heinz executive spotted them, and, within a week, Orla got a call from the Corporate Lawyer from Heinz Ireland, Richelle McCarthy, asking if the Heinz could buy the stylised ketchup paintings for their World Head Quarters boardroom in Pittsburgh, where they still hang today.

Orla Walsh has gone on to create sought-after painting collections, regularly turning popular brands like Heinz Ketchup, Guinness, Tayto Crisps and Jacobs into iconic art images. Widely acclaimed for her quirky style and creative execution, Orla Walsh's paintings are included in many private Irish art collections, and her original work is also owned by a wide range of celebrities from rock, pop and movies stars to international sports stars around the globe.

Tuesday to Thursday 11am - 1pm

A Sea of Senses Awaits You

Step inside and feel at once the serenity, calm and warmth of welcome; you have arrived at SeaSpa – a new concept in total wellbeing. Here, healing sea waters, heat and steam experiences, blended with therapeutic lighting and textured surrounds will help service the body, mind and soul.

Inspired by the benefits of Thalassotherapy and cultures worldwide, Espa have helped create a treatment concept for 'SeaSpa' which merges techniques and philosophies from around the world into a potent blend of treatments for our time.

The SeaSpa experience consists of three elements, thermal spa, holistic treatment and pure relaxation. Our lifestyle programmes of activities are a range of indoor and outdoor pursuits that are arranged daily. You can choose from Aqua Aerobics, Personal Training, get fit with Kick-boxing or a relaxing walk along Rosslare beach.

Whether to purify, re-energise, rebalance, relax or soothe muscular aches and pains, your personal therapist will be able to design a programme to suit your individual needs.



May Great Golf Getaway 7 - 31 May



JOIN US FOR OUR MAY GOLF GETAWAY

The Kelly's Hotel Golf Getaway reflects our dedication and love of golf. Kelly's has organised 5-day midweek breaks during the month of May that include golf clinics, competitions and golfing activities, at no extra cost! So whether you are starting golf or an experienced player, we can assure you of a most enjoyable and memorable break.



Included in the Golf Package:

- Daily 1hr Golf Clinic with Rosslare's Pro Jamie O'Sullivan (Monday to Thursday)
- Wednesday Golf Scramble Competition
- Prize for Best Golf Card of Week
- One complimentary Round of Golf at St. Helen's or Rosslare GC
- Golf Pack: Golf Cap and Golf Balls

Golf Fees
from
€25



May Golf Academy with Jamie O'Sullivan

ROSSLARE PROFESSIONAL JAMIE O' SULLIVAN

Originally from Cork, Jamie grew up loving the game and wanted nothing more than to make Golf his way of life.

Jamie trained at the famous Portmarnock Golf Club and spent some years at Ballybunion, Fota Island and Charleville before joining Rosslare Golf Club as the resident Professional in 2016. Jamie's passion for coaching and very simple teaching style endears him to golfers of all abilities.

MONDAY

Assessment of the individual's fundamentals and gain a deeper understanding on the importance of grip, posture, alignment and ball position. Some great advice on correct practice and how quality works better than quantity.

TUESDAY

A deeper look into your golf swing and understand how the shape of

your swing influences the flight of the ball. Understanding how and what you do, can help you become more consistent and gain better control the ball.

WEDNESDAY

Learn the importance and simplicity of the short game. Spend time improving your basic pitching action, strike and ball control. We will look at what each club can do for you and will then teach you the secret to feel and distance control.

THURSDAY

We will be moving closer to the green and spend time chipping and putting. We will focus on how to chip, what to chip with, how to plan the shot and how to improve your feel for each shot. This will give you a great insight into the art of putting and practice simple drills that can improve your stroke.

5-DAY GOLF BREAK

Dinner, Bed & Breakfast to
include 2 rounds of Golf

From **€590**

p.p + 10%
service charge.

Spring Holiday Tariffs

5 DAY MIDWEEKS Including special 4 day breaks

Spring	Days	Price per Person Dbl/Twin sharing
17 Feb - 15 Mar	5 (Sun-Fri)	€645
18 Mar - 22 Mar	4 (Mon-Fri)	€545
24 Mar - 12 Apr	5 (Sun-Fri)	€645
14 Apr - 18 Apr (Pre Easter)	4 (Sun-Thurs)	€550
22 Apr - 26 Apr (Easter Break)	4 (Mon-Fri)	€650
28 Apr - 3 May	5 (Sun-Fri)	€650
6 May - 10 May	4 (Mon-Fri)	€555
12 May - 31 MAY	5 (Sun-Fri)	€675
3 June - 7 June	4 (Mon-Fri)	€560
9 June - 28 June	5 (Sun-Fri)	€685

2-DAY WEEKENDS & BANK HOLIDAYS

Spring	Days	Price per Person Dbl/Twin sharing
* * 15 Feb - 30 June	2 (Fri-Sun)	€350
15 Mar - 18 Mar (St Pat's)	3 (Fri - Mon)	€495
* 18 Apr - 22 April (Easter)	4 (Thurs-Mon)	€690
* 3 May - 6 May (May Day)	3 (Fri - Mon)	€495
* 31 May - 3 June (Whit)	3 (Fri-Mon)	€495

All tariff rates shown are inclusive of 13.5% VAT, subject to 10% service charge in lieu of gratuities.

Single room supplement €20 per room per night

*incl. Bank Holidays
**except Bank Holidays

SUITES

Spring	Mid-week	Weekend
Crozier & O'Malley Suites	€110.00	€130.00
Junior Suites	€30.00	€50.00

Suite supplement per room, per night.

Prices include: Lunch, Dinner, Bed and Breakfast, afternoon tea and cakes, nightly entertainment, activities, sports and special interests, with moderate charges for SeaSpa facilities.

*Includes Bank Holidays

** Except Bank Holidays

Tariff rates are shown inclusive of 13.5% VAT. Subject to 10% service charge in lieu of gratuities.

We have vouchers for all occasions



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