



# Spring Activities 2012

AT KELLY'S RESORT & SPA

National Hospitality Awards  
"Hotel of the Year" 2011

# Infinite Variety

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Each Spring we offer a choice of interesting, informative and exciting activity and specific theme breaks at no extra cost, designed to make your stay with us even more enjoyable than usual. Increase your skill or expand your knowledge at one of our friendly, informal courses in the company of some of Ireland's leading specialists.

Whether you want to be active or just simply relax in our SeaSpa, you can look forward to a refreshing, revitalising and relaxing midweek break.

<b>12 - 17 Feb</b>	<b>Dynamic Events Golf Clinics</b>
<b>19 - 24 Feb</b>	<b>Wine Appreciation Golf Clinics</b>
<b>26 Feb - 2 Mar</b>	<b>Gardening Workshop with Dermot O'Neill Golf Clinics</b>
<b>4 - 9 Mar</b>	<b>Health &amp; Beauty Midweek Golf Clinics</b>
<b>11 - 16 Mar</b>	<b>Improve your Bridge Golf Clinics</b>
<b>19 - 23 Mar</b>	<b>Art Appreciation/Tours of Sunny South East Golf Clinics</b>
<b>25 - 30 Mar</b>	<b>Positive Thinking with Marcus Child Golf Clinics</b>
<b>1 - 5 Apr</b>	<b>Home &amp; Garden with Sandra Cosgrove Golf Clinics</b>
<b>15 - 20 Apr</b>	<b>Cookery Demonstrations Golf Clinics</b>
<b>22 - 27 Apr</b>	<b>Ballroom Dancing Golf Clinics</b>
<b>29 Apr - 1 June</b>	<b>May Great Golf Getaway Golf Clinics</b>

**SPECIAL  
FEBRUARY/MARCH  
2-DAY SPA MIDWEEK**

Dinner, Bed & Breakfast.  
(Choose from a 1 hr spa treatment  
- Facial, Full body Massage or  
Reflexology)

**€260**

p.p + 10% service charge.  
(Arrive Sun - Wed)



## Dynamic Events

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12 - 17 FEBRUARY

### Monday to Thursday

This special “Dynamic Events” midweek features a variety of fun outdoor activities, sports of all types and for all ages too!

- Quad Biking/Go-Karting
  - Clay Pigeon shooting
  - Archery
- and lots more in-house activities.

Fun “Strike Gold Competition” for both ladies and gents with special prizes for the over 65’s. A midweek to remember with good healthy low physical fun! Individual instructions provided for any of the activities at reduced rates.

**Be part of our walking Family Treasure Hunt around Rosslare.  
Great Family Fun with superb prizes.**

# Wine Appreciation

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19 - 24 FEBRUARY

Embark on a tour this midweek with some of the world's leading wine growers **Vincent Avril** and **Paul & Marie Jacqueson**.



## Paul & Marie Jacqueson

Founded by **Henri Jacqueson** in 1947, succeeded by his son Paul in 1972 and now joined by Paul's daughter Marie, this domaine in Rully has long been recognised as one of the very finest in Southern Burgundy and its wines adorn the lists of many of the finest restaurants in France.

They are one of only two producers in the village to hand-pick everything. Extremely proficient winemaking and judicious use of new oak, makes for beautifully crafted, ripe, intense, sensual wines which have the class to belie their origins. Join Paul & Marie for an excellent tasting of one of Burgundy's greatest.

**Monday & Tuesday 6pm - 7:30pm**

## Vincent Avril

Clos des Papes is one of the great established names of Châteauneuf-du-Pape and in recent years has produced a succession of remarkable wines made by **Paul-Vincent Avril**.

The 2005 Clos des Papes Red was voted Wine of the Year by Wine Spectator in 2007, this Grenache-based wine, already a Parker favourite, joined the ranks of collectible treasures. In 2009 his white wine reached No 10. Join **Vincent Avril** for a fabulous vertical tasting of White and Red Chateauneuf du Pape "Clos des Papes". Tasting not to be missed!

**Wednesday & Thursday 6pm - 7:30pm**

## Wine Tasting Dinner

Wednesday Evening: Wine tasting dinner which will provide interesting food and wine combinations.  
Limited Availability. Cost: €30 per resident.  
(Meal included in hotel full & half board packages)

## OVERNIGHT MIDWEEK INDULGENCE

Dinner, Bed & Breakfast with a  
1 hr Spa Treatment (Facial, Full  
Body Massage or Reflexology)

€150

p.p + 10% service charge.  
(Arrive Sun - Thurs)



# Gardening Workshop With Dermot O'Neill

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26 FEBRUARY - 2 MARCH



Join **Dermot O'Neill**, one of Ireland's best loved gardening personalities this midweek for some useful gardening hints and tips. Dermot is the editor of Ireland premiere gardening magazine, Garden Heaven and he has presented many gardening programmes for television. Dermot's lively and enthusiastic approach is a major factor encouraging many to take up the hobby of gardening, so bring some pictures of your own garden for advice during the Question and Answer session. Enjoy Dermot's new Gardening Programme on RTE 1 "Dermot's Secret Gardening".

**Monday to Wednesday 11am - 1pm**

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**Betty Kehoe** of Aisling Designs works as a garden designer and garden consultant in the beautiful sunny south east. Betty has gained a vast knowledge over the past 25 years in all aspects of the garden industry and this often comes into play when faced with difficult ground conditions and exposed sites, especially sites prone to salt laden winds. Betty likes nothing better than to share her gardening knowledge with both novice and experienced gardeners at the various talks and classes she conducts. In recent years she has inspired a new wave of gardeners setting up their own kitchen gardens. More information: [www.aislingdesigns.ie](http://www.aislingdesigns.ie)

**Thursday 11am - 1pm**

# Health & Beauty Midweek

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4 - 9 MARCH



## RTE's Health Squad Beauties

Join **Paula Mee**, Clinical Dietician / Nutritionist and **Karen Ward**, Holistic Therapist & Counselling Psychotherapist for all you need to know about health from the inside out. These sassy women walk their talk regularly on Ireland's TV, Radio, and print media and now you can meet them in person at Kelly's. Advice about the latest holistic and nutritional issues; mindfulness, food that tastes as good as it looks and life in all its ups and downs. An unmissable few days of self discovery in the luxury of Kellys!

**Monday & Tuesday 11 - 1pm & 4 - 6pm**

## TV's Fashionistas

We've gathered together Ireland's best style crew to advise you on this season's new looks. Stylist **Cathy O'Connor**, who is a regular contributor on TV3's Xpose and Ireland AM, will be on hand to offer you tips to develop your personal style. **Lorraine Browne**, Hairdressing Supremo, whose work you will have seen in Ireland's glossiest magazines will offer tricks of the trade on how to create catwalk looks at home.

**Derrick Carberry**, the favourite Make-up Artist of many of Ireland's most stylish women, will teach you how to devise a professional make up look that will work for you this season.

**Wednesday & Thursday 11 - 1pm. & 4 - 6pm**



# Improve Your Bridge

11 - 16 MARCH



Join **Rory Boland** International Bridge player for an exclusive relaxing midweek break. The morning classes will cover both bidding and play, ideal for the bridge improver. Competitions will be held in the afternoon with hand-records, and a short discussion after play (plus prizes from Kelly's famous wine cellar for the lucky winners!). The perfect way to brush up on your bridge.

## Play and Learn Workshops

About half the session is given over to dealt hands, the other half is used to discuss the bidding and play with Rory. Players of all levels will receive enormous benefit from these sessions. Excellent daily prizes and fun. Rory will be available throughout the week for informal advice.

Bridge Competition/Discussion  
**Monday - Wednesday 3.30pm - 6.15pm**

Classes for Improvers  
**Monday - Thursday 11am - 12.30pm**



# Art Appreciation

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19 - 23 MARCH

## Kevin McSherry

**Kevin McSherry** has been creating award-winning, unique and original art for the last 17 years, contributing regular hand-painted illustrations for the Irish Times and the Wall Street Journal among many other papers. He has exhibited work in national and international cultural exhibitions: In Paris at the Musée des Arts Décoratifs in le Louvre and as part of Ireland's representation to the Alliance en Résonance exhibition, 2008. He exhibits work at the Barbara Stanley Gallery in London. At home, he has shown work at the Chester Beatty Library, and the RHA, Dublin. He lives in Terenure and teaches painting at his studio and is a visiting lecturer on the subject of editorial illustration at several art colleges. He is a founding member and former chairman of the Illustrators Guild of Ireland. He works mainly in oils and acrylics and much of his work is figurative, often being an exploration of personal identity and he often signs his work, 'MacSearraigh', using the Irish form of his surname. Former designer of the Irish Times newspaper described his work as 'didactic', his work often containing a moral observation as well as giving pleasure.

**Tuesday & Wednesday 11 - 1pm**

## Mairead Furlong

Join **Mairead Furlong** this midweek for a tour of some of Wexford's finest art collection. Mairead, a UCD Fine Arts Graduate, will take you on a tour of Kelly's Resort Hotel's outstanding Art Collection. Mairead will also talk to you about one of Italy's leading and most controversial artists Caravaggio.

**Wednesday 4.15 - 6pm & Thursday 11am - 1pm**

## Tours Of Sunny South East

Join **Nicholas Furlong** for a historical tour of the Sunny South East, with a special visit to the new Wexford Opera House .

**Thursday 2pm - 4pm**



# Positive Thinking Workshops

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25 - 30 MARCH



**Marcus Child** has had a remarkable and uplifting impact on the people and the results of many well-known businesses during the past twelve years.

Through novel and participative workshops which engage head, heart and hand, his work nurtures and invigorates resourcefulness in individuals, positivity between colleagues and trust between organisations and their customers. Marcus' emphasis on people exploiting the workplace as an environment for self-improvement as well as commercial success means that the new habits he trains are practised in the minds and relationships of people - within and without work - long after his programmes are complete.

He regularly speaks on conference platforms and has advised politicians, sportspeople and CEOs all over the world.

**Monday - Wednesday 10.30 - 12pm**

**"Marcus Child's** encouragement of a positive outlook was an essential ingredient in Kelly's Hotel's. Instead of a 'tough times requires tough measures' approach, we went for positive creative measures to drive sales, reduce costs and improve service and these worked for us" said Bill Kelly. "Marcus is a fascinating speaker whose comments and passion transcends both business and personal life. He enables us to realise our own potential and believe 'we can do it' even in these challenging times". **Bill Kelly**

# Brighten Up Your Home & Garden

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1 - 5 APRIL



**Sandra Cosgrove** will share her concepts and ideas with you, demonstrating that your garden, whether large or small, can enrich your home or workspace environment. She shares her enthusiasm with illustrated slides of recent private & corporate projects and interacts with an informal but informative question and answer session.

**Wednesday 4 - 6pm & Thursday 11 - 1pm**

**GARDEN VISIT: On Thursday, discover the wonderful gardens of Kilmokea, seven acres of heritage gardens nestled on the banks of the River Barrow. Enjoy afternoon tea overlooking this exquisite place, the ultimate in relaxation. 2pm - 5.30pm (Transportation arranged)**

# Ballroom Dancing

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22 - 27 April



Flora Millar is one of Ireland's best known and experienced Ballroom Dancing teachers. She is the recipient of the coveted Carl Alan Award (the Oscar of Ballroom Dancing). Ballroom Dancing is fun to learn and Flora has the proven ability to make it easy and enjoyable. There are classes for both beginners and more advanced dancers. Learn to Waltz, Foxtrot, Tango, Quickstep, Rock & Roll, Cha Cha Cha, Mambo and Salsa.

**Monday 4pm**

**Tuesday - Thursday 11am - 1pm & 4pm to 6pm**



# Cookery Demonstrations

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15 - 20 APRIL



Renowned chefs **Neven Maguire**, **Eugene Callaghan** and **Stephane Rochard** will share their culinary secrets with you during the week.

**Neven Maguire** has always had a passion for food and has won many awards for his cooking, including Jameson Chef of the Year 2004. He is well known for his appearances on Open House and his work with Dunnes Stores. His easy manner and straightforward style have made him hugely popular on TV and at many cookery demonstrations around the country.

Executive Chef **Eugene Callaghan** won Roux Brothers “Chef of the Year” award in 1991. He gained valuable international experience in Belgium, Switzerland, France and at Roscoff’s in Belfast prior to joining us in La Marine Bistro. Learn how tasty bistro-style dishes can easily be accomplished at home.

**Stephane Rochard** is a talented French Pastry Chef, who has vast experience from working in France at many Gastronomic Restaurants. He will show you his passion for being creative while turning simple desserts into a work of art.

**Eugene Callaghan**  
Monday 11am - 1pm

**Neven Maguire**  
Tuesday & Wednesday 11am - 1pm

**Stephane Rochard**  
Thursday 11am - 1pm

## 5-DAY GOLF BREAK

Nights Midweek Full Board  
for the Price of 4, to include  
2 rounds of Golf

€590

p.p + 10%  
service charge.



# May Great Golf Getaway

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29 APRIL - 1 JUNE

### May Golf Academy with Johnny Young

The Kelly's Hotel Golf Academy reflects Kelly's dedication to golf offering a refreshingly original, simple and effective coaching system. It also offers mental workshops, custom fit advice and great practice facilities. Since opening in 2007, the academy has become a centre of excellence, with a mission to provide every golfer, from beginner to advanced, with the knowledge they need to improve all aspects of their game. The golf clinics will take place in Rosslare Golf Club daily.

**Monday:** Assessment of individuals, become brilliant at the basics. Learn how the tour players set up, it guarantees up to 20 metres longer off the tee through grip, posture, adjustment & ball position.

**Tuesday:** Learn how 5 minutes practice a day will lead you to consistent golf and amazing improvement, when you possess the correct knowledge i.e. "The Full Swing".

**Wednesday:** Learn and understand golf scoring shot - the finesse shot. Learn from 25 - 75 metres to always be in, in 3 maximum - Clubs 9/pw/sw. Learn stance, method and distance control.

**Thursday:** Putting is often neglected, but accounts for 45% of your game! Learn grip, stance and method. Then learn how to read the line and feel the pace. Bunker and chipping also covered.

## Golf Fees from €25



### Learn How To Play

To further enhance your holiday at Kelly's, we have organised two separate Golf Promotions. Whether you are starting golf, or an experienced player, we can assure you of a most enjoyable and memorable break. These promotions are at no extra cost to our guests availing of our May 5-Day Midweek Breaks.

This is the perfect opportunity for beginners to improve their game, or the chance of a lifetime to start playing this game.

### Included in Golf Package is:

- Free Golf Clinics with Johnny Young (Mon - Thurs)
- Free Golf Balls & Visor
- Special Rates available at Rosslare, St. Helen's and Wexford.
- Special Beginners Competition with weekly prizes
- Weekly Single competition and scramble with opportunity to Qualify for Irish Open Pro Am 2013

# A Sea of senses awaits you

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Step inside and feel at once the serenity, calm and warmth of welcome; you have arrived at SeaSpa – a new concept in total wellbeing. Here, healing sea waters, heat and steam experiences, blended with therapeutic lighting and textured surrounds will help service the body, mind and soul.

Inspired by the benefits of Thalassotherapy and cultures worldwide. E'Spa have helped create a treatment concept for 'SeaSpa' which merges techniques and philosophies from around the world into a potent blend of treatments for our time.

The SeaSpa experience consists of three elements, thermal spa, holistic treatment and pure relaxation.

Our lifestyle programmes of activities are a range of indoor and outdoor pursuits that are arranged daily. You can choose from Aqua Aerobics, Personal Training, get fit with Kick-boxing or a relaxing walk along Rosslare beach.

Whether to purify, re-energise, rebalance, relax or soothe muscular aches and pains, your personal therapist will be able to design a programme to suit your individual needs.



### Overnight Midweek Indulgence

Escape for a short break midweek (Sun - Fri) Dinner in Beaches Restaurant. Relax and be spoiled with a 1 hr treatment (Facial OR Full Body Massage OR Reflexology) in our exclusive spa "SeaSpa".

€150

p.p + 10%  
service charge.



## Spring Offers

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### Oceans Inspired Ritual 1 hour 25 minutes €80 (normally €99)

This SeaSpa signature treatment starts with bathing of the feet while your therapist uses stretching and pressure techniques on your neck and shoulders. This is followed by a back massage and mask, a foot and leg treatment, finishing with a tension releasing head and face ritual. This blissful programme brings you the benefits of the sea, which are known for their therapeutic values, while leaving your body relaxed and calm.

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Enjoy our **Thermal Suite** 1 hr before your treatment (Seawater Vitality Pool with Massage Jets, Salt infused Steam Room, Rock Sauna, Lanconium, rainforest showers, Ice Fountain & Heated Loungers) – a unique blend of heat experiences to relax and prepare your body and mind while gaining maximum benefit from your treatment.

# Spring Holiday Tariffs

Spring	Daily Rate	Days	Price per Person Dbl/Twin sharing
12 Feb - 16 Mar	€120	5 (Sun-Fri)	€540.00
19 - 23 Mar (St. Pats)	€120	4 (Mon-Fri)	€470.00
25 - 30 Mar	€120	5 (Sun-Fri)	€540.00
1 - 5 Apr	€130	4 (Sun-Thurs)	€510.00
9- 13 Apr (Easter)	€140	4 (Mon-Fri)	€550.00
15 Apr- 4 May	€125	5 (Sun-Fri)	€550.00
7 May - 11 May	€125	4 (Mon-Fri)	€475.00
13 May - 1 June	€125	5 (Sun-Fri)	€575.00
4 June - 8 June	€125	4 (Mon-Fri)	€475.00
10 June - 22 June	€125	5 (Sun-Fri)	€575.00

Prices include: Lunch, Dinner, Bed and Breakfast, Afternoon Tea and all entertainment, activities, sports and special interests, with moderate charges for beauty facilities.

\*Includes Bank Holidays

\*\* Except Bank Holidays

Extra Day D/BB €110 - per person, subject to availability. Midweek only

Tariff rates are shown inclusive of VAT. Subject to 10% service charge in lieu of gratuities.

## 2-Day Weekends & Bank Holidays

Spring	Daily Rate	Days	Price per Person Dbl/Twin sharing
** 10 Feb - 24 June	€150	2 (Fri-Sun)	€290.00
* 16 - 19 March (St. Pats)	€150	3 (Fri - Mon)	€425.00
* 5 - 9 Apr (Easter)	€160	4 (Thurs - Mon)	€630.00
* 4 May - 7 May (May Day)	€150	3 (Fri-Mon)	€425.00
* 1 - 4 June (Whit)	€150	3 (Fri-Mon)	€425.00

## We have vouchers for all occasions



Follow us



## Suites

Spring	Mid-week	Weekend
Crozier & O'Malley Suites	€130.00	€150.00
Junior Suites	€50.00	€70.00

Suite supplement per room, per night.

Rosslare, Co. Wexford, Ireland. Tel:053 9132114  
Email. info@kellys.ie [www.kellys.ie](http://www.kellys.ie)  
SeaSpa Tel:053 9132626 [seaspa@kellys.ie](mailto:seaspa@kellys.ie)

sea  
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KELLY'S  
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